



FEBRUARY 2011 NEWSLETTER



WILDWOOD GREEN GC

Golf Shop Hours

February 2011

Weekdays first Tee
Time 9:00AM

Weekends Shotgun
Start 10:00 AM

Wildflowers start at
10:00 AM

Wildoats start at
10:00 AM

Gaggle starts at
10:00 AM

LETTER FROM GENERAL MANAGER

"EASY MONEY"

The graph below shows how close we are toward our goal of becoming more private. The **"EASY MONEY"** goes to our members when they sponsor a friend that joins Wildwood. The **"EASY MONEY"** is a dues credit for up to \$720 over the next 24 months.

With all the member benefits provided, golfers realize Wildwood Green Golf Club offers the "Best Bang for their Buck" in the

area. During our 2011 member meetings we shared with everyone our goal to work toward becoming more private, and now our membership level is where this goal is obtainable. Listed below is a summary of membership levels at the end of 2008 and as of January 1, 2011. Also, listed are the membership levels needed to be reached and maintained to initiate the first level of private club status. This first level of

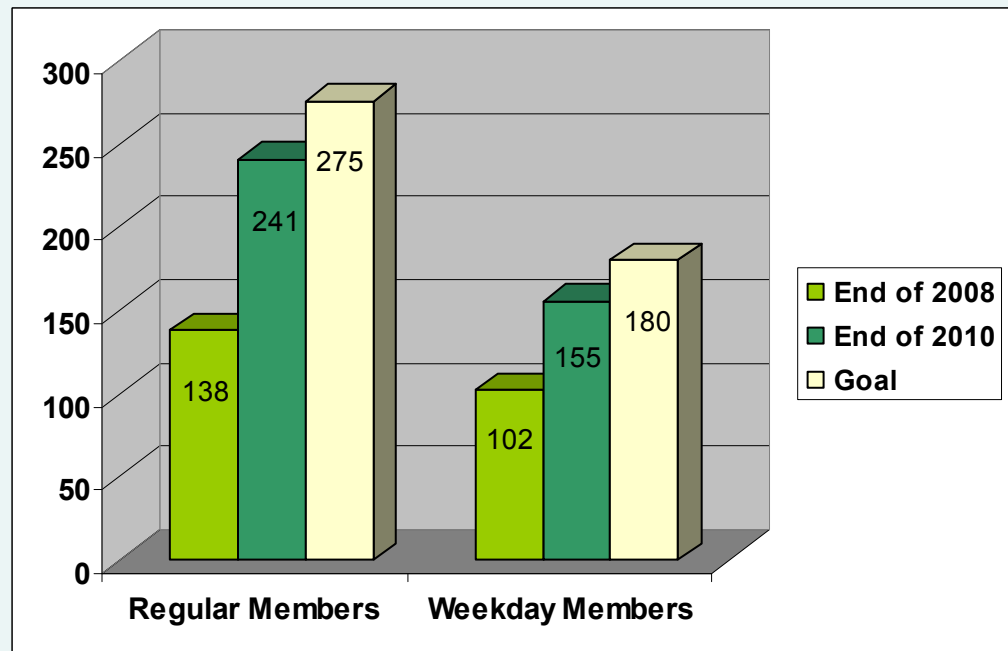
private club status is restricting all weekend morning Tee Times to members, their accompanied guest, and sponsored guest in the months of April through November.

Willis Denmark
General Manager



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TOURNAMENTS / EVENTS

As the 2011 Tournament Season quickly approaches, all of us at Wildwood are anticipating one of the best tournament seasons in club history. We have released the scheduled event dates, you can download and print the entire Tournament Schedule by going to our website homepage, placing your mouse over Events & Outings and selecting the first option, "2011 Member Tournament Schedule". We have placed the outings into the Events Calendar on the website as well. Using your comments and suggestions from this past year's Event Survey we have an exciting 2011 planned. Be sure to mark your calendars for this year's Major Events with the first being held in May. The Spring Member/Member will be on May 14th & 15th, the Member/Guest will be held on June 25th & 26th, the Club Championships on September 24th & 25th and the Fall Member/Member on October 15th and 16th. It will be a great year at Wildwood in 2011!



Jeff Engelhaupt
Tournament Director

Bogey's Update

Well, we all have certainly endured enough cold weather haven't we? We hope you have had the chance to enjoy some of our soul-warming soups and hot sandwiches while you waited for the course to open. It's always a pleasure to have you all gather in Bogey's as we wait for the magic tee-off hour. During these win-

ter hours, we have had the opportunity to freshen up the paint, do some repairs and make plans for the 2011 year. Also, if you're not aware, we had a surprise health inspection on Jan. 13th. We passed with flying colors and raised our score by five points to 97.00! 100 here we come! Please congratulate our staff on this great effort. We look forward to having

you join us for some fun Super Bowl foods during the day, and also we will be putting some good March Madness food together. Stay tuned and stay warm!



Leslie Roth
Food & Beverage Manager

Wildwood Green Golf Academy

February Golf Tip



For Individual Instruction with any of the Wildwood Green Academy Instructors, contact the Golf Shop at (919) 846-8376.

Fitness for Golf

By Erica Gonzalez

Many of you have taken some time off the golf course and out of the cold. I have noticed some of you coming back slowly into it and a golfer's main focus after taking such a break should be to make sure your body is prepared. The last thing we want is to make a month off the course last 3 or 4. Also, stretching before your round can add yards to your shot. Golf entails strength, balance and flexibility. Here are a few important stretches you should do before swinging away!

Neck Rotation- Turn your head all the way to the right and hold. You can add more stretch by pushing your chin with your fingertips. Repeat for the left side.

Neck Flexion- Look down at the buttons on your shirt. Put your hand on the top of your head and flex your neck to bring your chin as close to your chest as you can go and hold.

Lateral Neck Stretch- Looking straight ahead; cock your head to the left trying to bring your left ear to your shoulder. Use your hand to guide your head in the right direction. Repeat for the right side.

Posterior Shoulder Stretch- Hold your left arm across your body and grab the back of your left elbow with your right hand. Pull the left elbow in as far as you can so that your left fingertips can reach your upper back. Repeat for the right shoulder.

Anterior Shoulder and Chest Stretch- Hold a club with both hands behind your back, elbows extended. Now stick out your chest while you raise the club back away from your body and hold.

Lateral Back Stretch- Start by holding a club with both hands over your head. Keeping your pelvis steady, bend as far as you can to the right and hold. Slowly return to the upright position and repeat to the left side.

Toe-Touch- This stretches the lower back which most golfers struggle with. Stand with your feet shoulder-width apart. Slowly bend forward at the waist and try to touch your toes. Remember not to bounce, this could cause some strain to your back. If you have a bad back you can sit on a bench and lean over to touch your toes instead.

Trunk Rotation- I prefer to do this one sitting down. You can use the golf cart seat or a bench. Keeping your hips facing forward, rotate your body all the way to the left, look over your shoulder and hold. If you like, you can grab hold of the back of the bench or seat. Repeat for the right side.

Hamstring Stretch- Stand upright and place your left foot on the golf cart or bench. Now bend forward at the waist while keeping your back straight. Repeat for the right side.

Quad Stretch- Stand with your feet close together. Grab your left ankle behind you and flex your knee as far as it will go and hold. Repeat for the right side. If necessary, you can use a golf club or even golf cart for balance.

I hope to see you all out here soon. If not make sure you are doing your stretches and stay warm!

MONTHLY UPDATE FROM SUPERINTENDENT

Greetings Wildwood Green Golf Club members. Weather has presented many problems for us this past month. The below normal cold temperatures and the precipitation has delayed many of our winter projects. However, we have finally begun on trap renovation. Traps on 5, 8 and 9 will be redone and we will also be adding sand to many of the others. The conditions outside have allowed the maintenance team to refurbish tee markers

and rebuild/paint many ball washers. Other projects you will see in the upcoming month will be a roundup application on dormant Bermuda and an aerification at the end of the month. Roundup can be applied to dormant Bermuda because it is not actively growing to uptake the chemical. This application is done in efforts to clean up any remaining winter weeds we might have. Our aerification that is scheduled is our most important one of the year. Spring is the most

optimum time to grow roots. The better root zone we can grow during the spring will encourage success over the hot humid summer months. This will be a deep tine aerification that we will be contracting out. Please check with the pro shop for hours of operation during this time. Thanks to each of you for comments and suggestions and as always I can be reached via e-mail at

rick@wildwoodgreen.com.



Sincerely,

Rick Durham
Golf Course
Superintendent

HEAD GOLF PROFESSIONAL NOTES

The 2011 season is bringing some exciting changes to your golf shop staff at Wildwood Green. Starting in March, Kevin Hamski will take over the duties and responsibilities as the Head Golf Professional. The rest of the staff will remain in place. Kevin will hire a part time golf shop person to help fill in some hours during the upcoming golfing season.

I have decided to pursue my passion for teaching by opening the John Budwine Golf Academy at Wildwood Green. I will continue to have a presence in the golf shop by helping the staff fill in some part time hours.

The last 2 years have been a blessing to Nancy and me. In my thirty years as a PGA Golf Professional, I have never been at a club where I felt as welcome as I do here! We have made lifelong friends here at Wildwood Green and we cherish those friendships!

Nancy and I will continue to help and play on Sunday's in the couples events.

Continue reading your newsletter as I will be posting instruction specials, demo days, ball fitting days and other promotions on the website.



John Budwine
Director of Instruction
Head Golf Professional



2730 Hyde Park Avenue
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(513) 731-2595
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Contact:

Holly End, Development Director, 513-731-2595, ext. 104 or 513-505-5810

LOCAL RESIDENT VOLUNTEERS IN GUATEMALA

Raleigh Residents Travels with Guatemala Literacy Project to Help Impoverished Schools

Raleigh—On February 4, 2011, Rotarian and Raleigh, NC resident Boyd Bennett and Steven W. Nelson will travel to Guatemala with a group of Rotary volunteers from across North America to bring educational opportunities to impoverished children. The Guatemala Literacy Project (GLP) group will deliver first-ever textbooks and inaugurate brand-new computer centers in rural schools. Along with providing these badly-needed education tools, volunteers will experience Guatemalan life and culture through personal interaction with students and families.

Steven, a local Realtor with Back Nine Homes/Keller Williams Realty, is always looking for ways to give back and in his short time with the Rotary Club of North Raleigh has heard so many great things about this Rotary project that he felt compelled to participate. "I am excited about the opportunity to serve these young children. We in America often fail to be appreciative of what we have and this is a wonderful chance to see and help others in lesser societies. Americans, who by far have a easy life tends to need to find problems in their lives, where these children in Guatemala are happy with what they have...which is not much," stated Steven when asked about why he wanted to go.

If you want to find a way to help or have questions about this tour, Steven may be contacted at 919-604-6135 or by email at Steven@BackNineHomes.com.

In 14 years of existence, the GLP has established 193 textbook programs, 43 computer centers, 49 mini-libraries and 410 one-year scholarships. There are over 32,000 children using GLP textbooks, 15,200 students being trained at GLP computer centers and almost 154,000 textbooks in circulation. The Delivery Tour is an ideal opportunity to be a part of the good things that the GLP is accomplishing.

Rotarian and tour participant Carolyn Johnson summed up her impressions of the GLP's lasting impact on helping schoolchildren in Guatemala: "The long-term effect of the project, providing the means for people to plan for their future, is the real life example of giving 'hope'."

Service tours with the GLP and partner nonprofit Cooperative for Education take place every February and August and are open to all. More information can be found at www.coeduc.org/tours.htm.

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The Guatemala Literacy Project was founded in 1996. Close to 350 Rotary clubs across the globe support the GLP, in partnership with the U.S.-based nonprofit Cooperative for Education (CoEd). CoEd's mission is to help Guatemalan schoolchildren break the cycle of poverty through education. CoEd works to accomplish this mission by creating self-sustaining textbook, library, and computer center programs within impoverished community schools. These programs are designed to improve both traditional and technological literacy, which are the corner stones of economic development. Learn more at www.coeduc.org or www.guatemalaliteracy.org.

WILDWOOD GREEN GOLF CLUB - STAFF

GOLF HUMOR -
BROUGHT TO
US BY MEMBER
BOB SANCHEZ

A husband reluctantly agreed to play in the couples' alternate shot tournament at his club. He teed off on the first hole, a par four, and blistered a drive 300 yards down the middle of the fairway. Upon reaching the ball, the husband said to his wife "Just hit it toward the green, anywhere around there will be fine."

The wife proceeded to shank the ball deep into the woods.

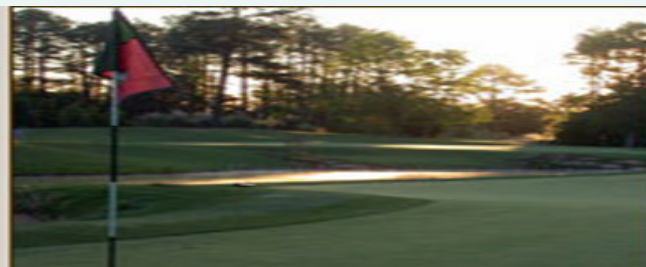
Undaunted, the husband said "That's OK, Sweetheart" and spent the full five minutes looking for the ball. He found it just in time, but in a horrible position. He played the shot of his life to get the ball within two feet of the hole. He told his wife to knock the ball in.

His wife then proceeded to knock the ball off the green and into a bunker.

Still maintaining composure, the husband summoned all of his skill and holed the shot from the bunker.

He took the ball out of the hole and, while walking off the green, put his arm around his wife and calmly said, "Honey, that was a bogey five, and that's OK, but I think we can do better on the next hole"

To which she replied, "Listen guy, don't talk bad to me, only 2 of those 5 shots were mine."



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