



JANUARY 2011 NEWSLETTER



W I L D W O O D G R E E N G C

Golf Shop Hours

January 2011

Weekdays first Tee
Time 9:00AM

Weekends Shotgun
Start 10:00 AM

Wildflowers start at
10:00 AM

Wildoats start at
10:00 AM

Gaggle starts at
10:00 AM

LETTER FROM GENERAL MANAGER

2010 was a year of continued growth at Wildwood Green. Golf Industry reports say many Country Clubs & Golf Clubs will close their doors in 2011. Why does Wildwood Green Golf Club continue to grow during challenging economic times?

The biggest reason is our members support in growing the Club and being active. Another reason; is the leadership of our Management team. Rick Durham, John Budwine, Leslie Roth,

and their outstanding staff emphasize Customer Service and it's easy to see they truly care. Our goal in 2011 is "Working toward going more private".

Below is a Membership Chart: the lime green bars are the amount of members we had at the end of 2008; the green bars indicate the amount of members we have at the end of this year; and the cream bars are the

membership levels needed to be maintained so we can initiate the first level of Private Club Status.

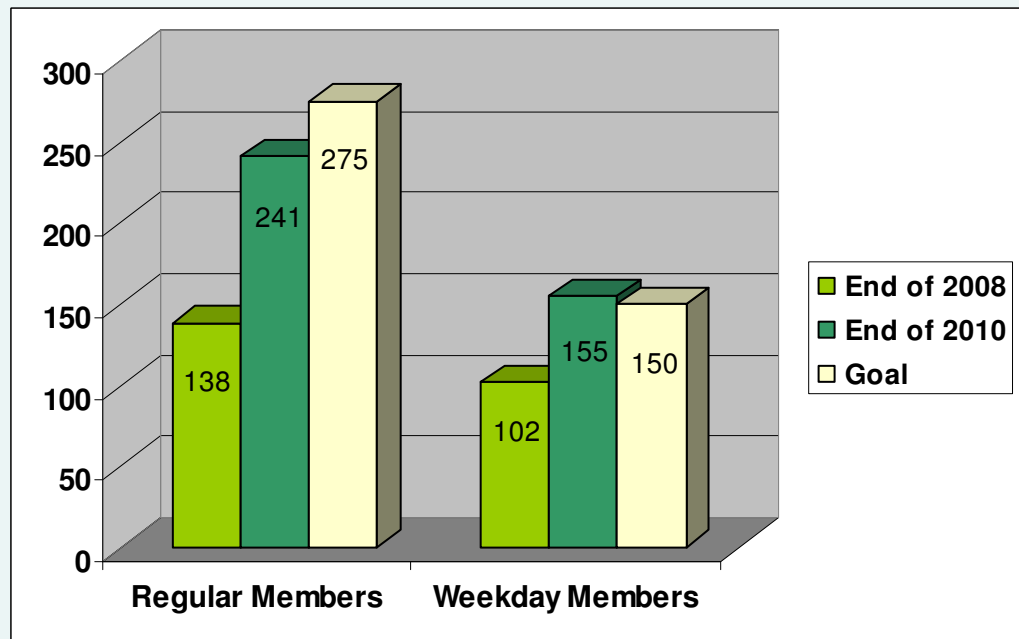
Happy New Year,

Willis Denmark
General Manager



INSIDE THIS ISSUE:

GM Letter/Membership Goal Chart	1
Member Meetings/Bogey's Update	2
Christmas Party Pictures/Golf Humor	3
Superintendent Update/Staff News/Head Pro Notes	4
Going Bananas	5
Helpful Hints for Winter/WWG Staff	6



W I N T E R M E M B E R M E E T I N G S

The entire staff and I hope you & your family have enjoyed a wonderful holiday season, and we want to wish you a Happy New Year. We are so excited about 2011, and we want to start the year with exciting news.

“WORKING TOWARD GOING MORE PRIVATE”

Wildwood Green Golf Club has made great strides over the past two years with the golf course being in the best shape ever and a staff that truly loves serving the members. Our 2011 goal is ***“WORKING TOWARD GOING MORE PRIVATE”***.

You are invited to join us at the Clubhouse for a special membership meeting. With limited seating in the clubhouse we need to meet with approximately a third of the membership each night. The membership meetings are scheduled for January 10, 11, and 13, 2011 at 6:00PM. We would like you to come on the date listed below according to the first letter of your last name. This will give everyone the best opportunity to learn about our plan for growing the Club Membership in 2011.

Our primary goal is to increase our membership to the level necessary to make the club more private. Membership growth will be critical to our on-going success. With that said, we are presenting an exclusive opportunity for you to personally extend invitations to friends you feel will embrace the culture and tradition of Wildwood Green Golf Club. All details will be outlined during our meetings.

Meeting Date:

If your last name begins with:

A to G: Please attend on: January 10, 2011 at 6:00PM to 7:30PM

H to O: Please attend on: January 11, 2011 at 6:00PM to 7:30PM

P to Z: Please attend on: January 13, 2011 at 6:00PM to 7:30PM

Please call (846-8376) the Golf Shop to confirm your attendance at the meeting.

If you are unable to attend on your designated night please call the Golf Shop, and we will attempt to reschedule you for another night.

We are very excited about the journey we will be embarking on, and with your help we will accomplish our goals. Besides sharing our plans with you we will have several fabulous **Door Prizes** to give away.

Happy New Year,

Willis Denmark, General Manager/Golf Director

Bogey's Update

Happy New Year to all you wonderful members! We at Bogey's are ready for some of this cold (brrr) weather to go away just as much as you are! We get bored when you're not around to try out our new soups or a warm sandwich. Please keep in mind that even if there are frost delays, you can still stop by and have a hot lunch while you wait for the course to open. Along with

coffee, we also have a variety of delicious hot teas, hot ciders and hot cocoa to warm you up. The staff has dwindled a bit because of the winter, but you will still see Marlie and Jackie on occasion. Larry, Joann and I will be here faithfully to serve you a nice breakfast or some football food! I would like to have a fun chili cook-off with our members following one of our Saturday shotgun starts. Please keep your

eye out for info regarding the date and time. I feel it would be a nice end to the day and give us some time to socialize with each other. We at Bogey's look forward to planning and preparing for the new 2011 season. It's going to be a great year! Happy golfing and stay warm!

Leslie Roth
Food & Beverage Manager

Wildwood Christmas Parties 2010

Wildwood Green - Members

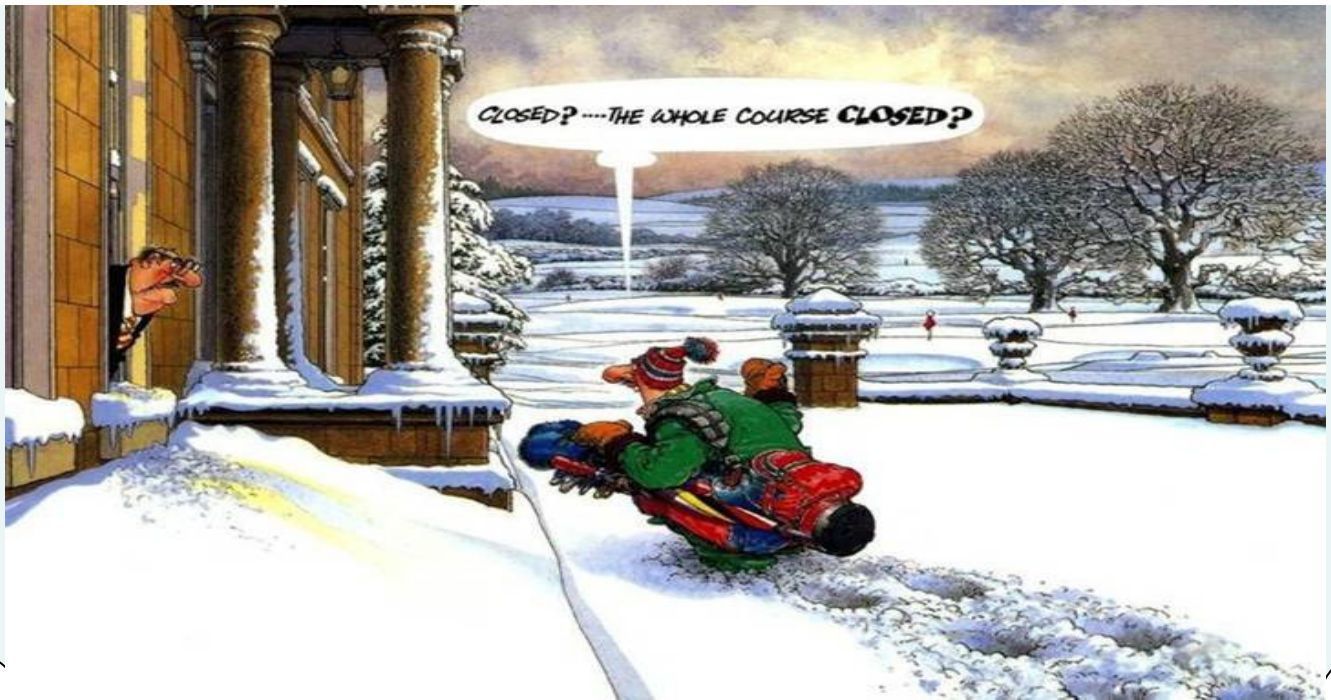


← Wildwood Green Staff - Golf Shop

Wildwood Green Staff - Bogeys →



G O L F H U M O R - C l a s s i c D e n i a l , s e n t i n b y D e n i c e S h o r t



MONTHLY UPDATE FROM SUPERINTENDENT

Greetings Wildwood Green golf club members. The winter weather that arrived for the month of December has caused several problems. The maintenance team had plans for extensive sand trap work but the freezing temperatures have prevented much of this from occur-

ring. We have mainly focused on cleaning up the remainder of the leaves and limbing trees. Once the weather breaks we will be adding sand to many of the traps through out the course. There are also plans to rebuild the traps on 5, 8 and 9. Frost delays have also been rather lengthy.

When the ground temps are this cold it is hard to get play out before 12:00. Please be sure to call ahead and check to see what the delay is for that day. Thanks to each of you for comments and suggestions and as always I can be reached via e-mail at rick@wildwoodgreen.com



Sincerely,

Rick Durham
Golf Course
Superintendent

STAFF NEWS



Assistant Golf Professional, Kelly Malott, passed the PGA PGM qualifying test on December 20, 2010. After passing the Play Ability Test, this was Kelly's next step in advancing through the PGA's PGM program. The PGA PGM is the Golf Management Program in which Apprentices must complete in order to become Full Members of the PGA of America. Kelly will now enroll in Level 1 of this program, with a total of 3 Levels to be completed over the next few years.

Congratulations Kelly!!

HEAD GOLF PROFESSIONAL NOTES

Weather played havoc on us in December with extremely cold days and nights. Play was limited to a handful of diehards (crazies) who needed to get out of the house for one reason or another. We want to thank each and everyone of you for your contribution to the employees Christmas fund this year. With your support and generosity, the employees enjoyed a very Merry Christmas.



John Budwine
Director of Instruction
Head Golf Professional



A professor at CCNY for a physiological psych class told his class about bananas. He said the expression **'going bananas'** is from the effects of bananas on the brain. Read on:

After reading this, you'll never look at a banana in the same way again. Bananas contain three natural sugars - sucrose, fructose and glucose combined with fiber. A banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes. But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

Depression: According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

PMS: Forget the pills - eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

Anemia : High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

Blood Pressure: This unique tropical fruit is extremely high in potassium yet low in salt, making it perfect to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

Brain Power: 200 students at a Twickenham (Middlesex) school (England) were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

Constipation: High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.

Hangovers: One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey.. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and rehydrates your system.

Heartburn: Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

Morning Sickness: Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

Mosquito bites: Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

Nerves: Bananas are high in B vitamins that help calm the nervous system.

Overweight and at work? Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and chips. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

Ulcers: The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

Temperature control: Many other cultures see bananas as a 'cooling' fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand , for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

Seasonal Affective Disorder (SAD): Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

Smoking & Tobacco Use: Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

Stress: Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack.

Strokes: According to research in The New England Journal of Medicine, eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

Warts: Those keen on natural alternatives swear that if you want to kill off a wart, take a piece of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrate, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around. So maybe its time to change that well-known phrase so that we say, 'A banana a day keeps the doctor away!'

WILDWOOD GREEN GOLF CLUB - STAFF

Helpful Hints for Winter

Keep your headlights clear

with car wax!

Just wipe ordinary car wax on your headlights. It contains special water repellents that will prevent that messy mixture from accumulating on your lights - lasts 6 weeks.

Squeak-proof your wipers

with rubbing alcohol!

Wipe the wipers with a cloth saturated with rubbing alcohol or ammonia. This one trick can make badly streaking & squeaking wipers change to near perfect silence & clarity.

Ice-proof your windows

with vinegar! Is Frost on its way?

Just fill a spray bottle with three parts vinegar to one part water & spritz it on all your windows at night. In the morning, they'll be clear of icy mess. Vinegar contains acetic acid, which raises the melting point of water---preventing water from freezing!

Prevent car doors from freezing

shut with cooking spray!

Spritz cooking oil on the rubber seals around car doors & rub it in with a paper towel. The cooking spray prevents water from melting into the rubber.

Fog-proof your windshield

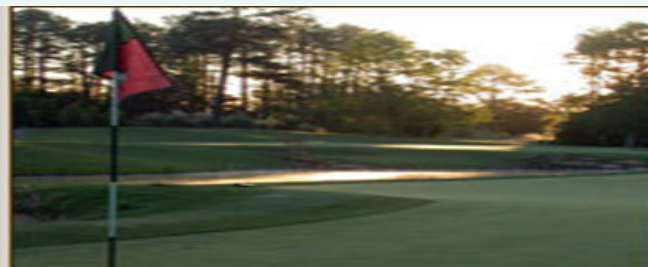
with shaving cream!

Spray some shaving cream on the inside of your windshield & wipe it off with paper towels. Shaving cream has many of the same ingredients found in commercial defoggers.

De-ice your lock in seconds

with hand sanitizer!

Just put some hand sanitizer gel on the key & the lock & the problems solved!



Wildwood Green Golf Club

3000 Ballybunion Way

Raleigh, NC 27613

(919) 846-8376

www.wildwoodgreen.com

Willis Denmark, General Manager/Golf Director
willisdenmark@wildwoodgreen.com

**John Budwine, PGA Head Golf Professional/
 Director of Instruction**
john@wildwoodgreen.com

Leslie Roth, Food & Beverage Manager
leslie@wildwoodgreen.com

Kevin Hamski, PGA Member/Golf Shop Manager
Kevin@wildwoodgreen.com

**Jeff Engelhaupt, Tournament Director/
 Teaching Professional**
jeff@wildwoodgreen.com

Kelly Malott, Assistant Golf Professional
Kelly@wildwoodgreen.com

Joe Quinn, Outside Operations/Assistant Golf Professional
quin@wildwoodgreen.com

Erica Gonzalez, Golf Instructor
Erica@wildwoodgreen.com

Judy Blackburn, Office Manager
judy@wildwoodgreen.com

Andy Prichard, Special Projects
andy@wildwoodgreen.com

Rick Durham, Grounds Superintendent
rick@wildwoodgreen.com